The PROBLEMS with PFAS

HOW DOES IT GET INTO OUR BODIES?
- Cooking with nonstick pans
- Products containing PFAS
- PFAS-contaminated food and water
- PFAS in air and dust

HEALTH PROBLEMS LINKED TO PFAS
- Kidney and testicular cancer
- High blood pressure and pre-eclampsia
- Higher cholesterol
- Lower infant birth weights
- Decreased vaccine response in children

PFAS
- Short for per- and polyfluoroalkyl substances, chemicals used in products such as non-stick cookware, food packaging, water-resistant clothing, and stain-resistant carpeting
- Also called 'forever chemicals,' they can take up to 1,000 years to break down in nature

WHAT CAN WE DO?
- INDIVIDUALS - avoid products with PFAS and ask policymakers to limit or ban its use
- HEALTH PROFESSIONALS - advise patients on how to avoid PFAS and support limits on its use
- BUSINESSES - phase out use of PFAS and avoid non-essential uses
- POLICYMakers - limit or ban PFAS