

# The PROBLEMS with PFAS



HOW DOES IT GET INTO OUR BODIES?



Cooking with nonstick pans



Products containing PFAS



PFAS-contaminated food and water



PFAS in air and dust



HEALTH PROBLEMS LINKED TO PFAS



Kidney and testicular cancer

High blood pressure and pre-eclampsia

Higher cholesterol

Lower infant birth weights

Decreased vaccine response in children

## PFAS

- Short for **per- and polyfluoroalkyl substances**, chemicals used in products such as non-stick cookware, food packaging, water-resistant clothing, and stain-resistant carpeting
- Also called '**forever chemicals**,' they can take up to 1,000 years to break down in nature

## WHAT CAN WE DO?



**INDIVIDUALS** – **avoid products with PFAS** and ask policymakers to limit or ban its use

**HEALTH PROFESSIONALS** – **advise patients on how to avoid PFAS** and support limits on its use

**BUSINESSES** – **phase out use of PFAS** and avoid non-essential uses

**POLICYMAKERS** – **limit or ban PFAS**